

ALPHA AGING

ALPHA COOLING CAN REJUVENATE THE BIOLOGICAL AGE BY UP TO 7.8 YEARS IN JUST 6 WEEKS.

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“ALPHA COOLING® IS A TIME MACHINE.”

Dr. Martin Morgenstern

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TURN BACK TIME

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POWERED BY ALPHA COOLING

ALPHA COOLING® CAN REJUVENATE THE BIOLOGICAL AGE BY UP TO 7.8 YEARS IN JUST 6 WEEKS.

In one study, the biological age was initially determined using methylation markers on the DNA.

After determining the biological age, the study participants were given 3 applications of Alpha Cooling® Professional per week over a period of 6 weeks, which rejuvenated their biological age by up to 7.8 years.



Status: 14.02.2024

Study management and evaluation: Dr. Martin Morgenstern

Investigation using alpha cooling in relation to anti-ageing effect

In an initial study with 48 test subjects, the biological age was determined using the epiAge test.

The test procedure determines the biological age anonymously in a specialist laboratory using methylation markers on the DNA. This provides information on how quickly or slowly cells have aged. This can vary significantly from person to person.

Various factors play a role here. However, your own genes, which you have inherited, only make up a small part of this. Lifestyle, environmental factors and stress levels are much more decisive.

Chronological age, on the other hand, is measured in years. After determining their biological age, the study participants received 3 Alpha Cooling treatments per week over a period of 6 weeks. Finally, the epiAge test was repeated after 6 weeks.

The biological age rejuvenated by up to 7.8 years.

The causes are assumed to be the activation of so-called Klotho genes, which have already been linked to cellular rejuvenation in animal experiments. In addition, activation of the vagus nerve is also suspected to be another active component.

Dr. Martin Morgenstern