



ALPHA
Industries AG

Alpha Cooling stimulates cell regeneration in a natural way. The natural heat exchangers in the heel of the hand gently cool the blood flow. This internal cold stress stimulus leads to a short-term stimulation of the body. After cooling, the body realizes that the stimulus has ended and relaxation via the so-called vagus.

In medicine, the vagus nerve is often referred to as the self-healing nerve. When it is activated, the body begins to activate cell regeneration as well as anti-inflammatory processes. Initial research results indicate that it also leads to the release of stem cells, which causes them to renew themselves.

When the cells in the body regenerate, this leads to a fresher and younger appearance as well as more energy in everyday life. In most cases, the quality of sleep also improves significantly. This in turn also has a positive effect on cell recovery and regeneration.

Another aim of all longevity approaches is to proactively strengthen health and prevent illness.

The first changes can be seen after just one application. The effects then build up from week to week.